

**Briony Stott**

BEEd BETD

## Bio-Energy Healing

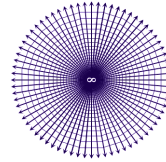
A Diploma in Bio-Energy Healing



Michael D'Alton's  
School of Bio-Energy Healing

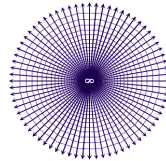
Level 2 Bio-Energy Healing  
Practitioner Training

This course is beneficial as well as a unique learning experience, because of the extreme personal development students undertake during the nine months of training. On the journey to becoming a Practitioner of Bio-Energy Healing, students explore the seven secrets of the chakras through interactive processes that clear out the baggage from each area of their life.



There are four aspects to our Practitioner Training:

1. Bio-Energy Practice
2. Bio-Energy Theory
3. Personal Development
4. Spirituality



Training Requirements:  
Nine weekends for nine months consecutively. One weekend per month to be advised.

Attendance of the entire course is mandatory. If a weekend is missed, the

student will be required to attend the relevant weekend on a later course.

It is required that each student keep a monthly journal (reviewed by the Assistant Trainer) to record energy awareness as well as personal clearing and healing experiences throughout the course. To augment the personal development process, individual therapy sessions with a qualified Bio-Energy Healer once a month as a minimum, is an additional requirement.

Homework questions are required to be completed monthly and handed in to the Assistant Trainer for review.

Daily practice of Chi Kung and a committed, regular practice of the Bio-Energy techniques with family and friends are also required.

Course assessment:

To graduate it is essential that, as well as competence in the theory and practice of Bio-Energy Healing, appropriate levels of personal development are achieved. Therefore students are assessed, advised and supported on an individual basis throughout the course.

Examination Process:

On the 8th weekend, students are required to submit a Case Study Project.

On the final weekend of training, students will be examined on their knowledge and application of the techniques and will participate in a Bio-Energy theory written exam. Exam results are made available approximately 3 weeks later.

A Diploma in Michael D'Alton's Bio-Energy Healing is awarded to students who have achieved the appropriate level of personal development and a minimum of 75% for each of the following:

- Case Study Project
- Knowledge and application of techniques
- Written and oral exam

Please contact me to book or to discuss the course:

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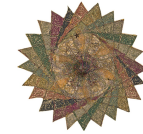
**Bio-Energy Healing** is a non-invasive health system, which successfully treats physical, emotional, mental and spiritual imbalances in the body by accessing and working with an individual's Bio-Energy Field. Bio-Energy Healers use a series of specialised hand techniques around the body to remove stagnant energy and re-establish the natural, balanced flow of the Bio-Energy Field.

Physical, emotional and mental stress, accidents, injuries, trauma and suppressed feelings all disrupt the body's energy from flowing freely. The majority of illness is caused by stress. For some people stress is physical, for example a person's workload. For others it may be mental stress in the form of worry, anxiety or fear. If you feel well and happy your energy expands and becomes stronger and brighter. If you feel sick, depressed or unhappy, your energy withdraws and closes down.

Most people are unaware of how their energy influences others and so we keep repeating the same patterns. Learning how to work with energy means learning how to 'hold your space' and prevent stress from building up in your Bio-Energy Field. It's also about being aware of our intentions and how the language we use influences our health and well-being.

## Briony Stott

In recent years I have become increasingly fascinated and drawn into the whole subject of the human energy system and how it works. Studying and practising this powerful therapy has changed my life and my health. I became a bio-energy trainer to teach these amazing techniques to as many people as possible. I know you will find this diploma a life-changing experience and I hope go on to practice the therapy and bring health and happiness to many other people.



I have a Diploma in Bio-Energy Therapy through the Bi-Aura Foundation and a teaching certificate in Bio-Energy Therapy with the Michael D'Alton School of Bio-Energy Healing [www.daltonsbio.com](http://www.daltonsbio.com). I am also a Reiki Master, Advanced EFT practitioner and have also trained in Quantum Touch.

